

## *Kewaunee County Public Health Connection*

### *Every Baby Deserves a Clean Diaper*



- ❖ A DIAPER BANK HAS BEEN ORGANIZED BY THE KEWAUNEE COUNTY PUBLIC HEALTH DEPARTMENT TO PROVIDE CHILDREN OF KEWAUNEE COUNTY DIAPERS AND WIPES.
- ❖ KEWAUNEE COUNTY PARENTS ARE ALLOWED TO GET DIAPERS ONCE PER MONTH FOR EACH CHILD IN THEIR CARE BETWEEN THE AGES OF BIRTH TO 4 YEARS OF AGE.
- ❖ PARENTS NEED TO SHOW PROOF OF ADDRESS AS WELL AS A BIRTH CERTIFICATE, IMMUNIZATION CARD OR CRIB CARD FOR EACH CHILD.
- ❖ PLEASE CALL THE PUBLIC HEALTH DEPARTMENT AT (920) 388 – 7160 TO SCHEDULE AN APPOINTMENT AND CHECK AVAILABILITY.

THE DIAPER BANK IS SEEKING ADDITIONAL DIAPERS, WIPES, AND MONETARY DONATIONS. ALL DONATIONS CAN BE DROPPED OFF AT THE PUBLIC HEALTH DEPARTMENT LOCATED AT 810 LINCOLN ST. KEWAUNEE, WI 54216

#### A REMINDER FROM THE PUBLIC HEALTH DEPARTMENT...

The Health Department recommends testing your well water at least once a year, or more if you notice a change in taste, color, or odor in your drinking water.

Well test kits are available at the Public Health Dept. in Kewaunee or Land & Water Dept. in Luxemburg during office hours (8 – 4:30 M-F).

If you have any questions, please contact the Health Department at (920) 388 – 7160.

#### ***DID YOU KNOW...***



**4 OUT OF 5 KIDS ARE NOT BUCKLED INTO THEIR CAR SEAT CORRECTLY??**

KEWAUNEE COUNTY NOW HAS A CERTIFIED CAR SEAT TECHNICIAN! CALL (920) 388 – 7160 TO SCHEDULE A FREE OFFICE OR HOME VISIT!

***PLEASE STAY  
HOME WHEN  
YOU'RE SICK***



Influenza, also known as the flu, is a contagious respiratory illness caused by the influenza virus that can cause severe illness and can be deadly!

When people with the flu cough or sneeze, you can inhale droplets that contain the flu virus causing symptoms like cough, sore throat, fever, and body aches. You may also become infected by touching contaminated surfaces with the flu virus and then touching your mouth or nose.

Stop the spread of germs by washing your hands, staying home when sick, disinfecting your home & workspaces, and getting vaccinated.

The Public Health Department has **FREE** flu vaccines available for children 6 months to 18 years old.

Call (920) 388 -7160 to schedule an appointment

***Skin Cancer Strikes 1 in 5 people...***

The Kewaunee County Public Health Department & Prevea Clinic are sponsoring a **FREE** Skin Cancer Screening Saturday April 4<sup>th</sup> from 9:00 – Noon at Prevea Luxemburg Clinic

The screening is available to all age groups with medical professionals offering free spot checks

Please call the Public Health Department at (920) 388 – 7160 to register

*Don't ignore that suspicious mole any longer!*

***Portobello Mushroom Pizza***

4 portobello mushrooms  
2 tbsp. olive oil  
2 tsp. minced garlic  
6 tsp. Italian seasoning  
12 tbsp. pizza sauce (about an 8 – 10 oz. can)  
1 lb. lean ground meat  
1.5 cups mozzarella cheese  
Optional toppings: pepperoni, black olives, green peppers, ect.

1. Preheat oven to broil and lightly grease baking sheet
2. Brown meat, drain grease, add pizza sauce
3. Remove stems from mushrooms
4. In small bowl, combine olive oil, garlic, and 4 tsp. Italian seasoning; brush over mushrooms
5. Fill mushrooms with meat/sauce mixture, top with cheese and preferred pizza toppings
6. Broil for 8 minutes or until cheese is browned
7. Sprinkle with remaining Italian seasoning and enjoy!